



FALL GAMES 2024

Saturday, September 14th

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EVENT SCHEDULE



We are excited to host the 2024 Fall Games Track + Field and Soccer Competitions on Saturday September 14th.

Every competition of this event will take place at Essex High School, <u>2 Educational Dr, Essex Junction, VT 05452</u>

7:30am: Volunteer Check-in - Essex High School Track

8:00am: Delegation Check-in - Essex High School Track

8:45am: Delegations line up for parade of athletes - Essex High School Track

9:00am: Parade of Athletes and Opening Ceremonies - Essex High School Track

9:30am: Competitions begin

• Soccer - Essex High School Soccer Fields

• Track + Field - Essex High School Track

9:30am - 3:00pm: Healthy Athletes - Essex High School Cafeteria

10:30am: Soccer Individual Skills - Essex High School Soccer Fields

11:30am: Morning Track + Field Awards - Essex High School Track

12:00pm: Break for Lunch generously provided by Jersey Mike's - Essex High School Cafeteria

1:00pm: Competition resumes

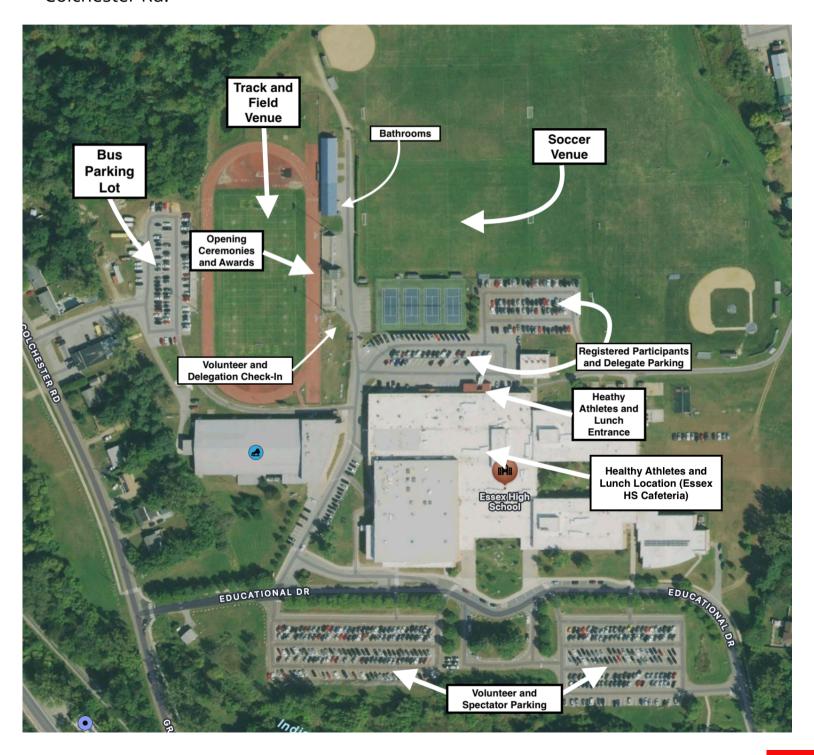
2:00pm - 3:00pm: Rolling awards as events finish



EVENT MAP & DIRECTIONS



All competitions and activities will take place at Essex High School <u>2 Educational Dr, Essex Junction, VT 05452</u>. Registered delegates and participants can park in the lots next to the track and soccer fields. Volunteers and spectators can park in the lot in front of the school, off of Educational Dr. Busses can pull in to the lot off of Colchester Rd.





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INCLEMENT WEATHER



INCLEMENT WEATHER

PRE-EVENT

- If the event is canceled or modified due to inclement weather a notice will be shared through all communication channels.
- In the event your delegation is unable to attend the event or is delayed, please call **Arthur Clayton**, **Sports Manager 603-558-4959**.

DURING EVENT

- Instructions to suspend events will be made by Sports Manager, Arthur Clayton, with input from Venue Directors and Special Olympics Staff. If suspension is necessary, an announcement via radio will be made to each venue.
- If activities at Fall Games must be suspended for a short period of time, please move all individuals inside to the Essex High School Cafeteria or to their vehicles.
- In the case of thunder and lightning, the "30/30 Rule" will be followed when evaluating lightning danger: if lightning is 30 seconds away, it is too close, and play will not resume for 30 minutes from the last seen flash or last heard thunder.
- Volunteers should accompany athletes and coaches to the designated area and await instructions.
- Program coordinators and head coaches, please confirm that all athletes, coaches and volunteers are safely inside the designated location.
- If any delegation member is unable to be accounted for, please notify games personnel immediately. **Arthur Clayton, Sports Manager 603-558-4959**

MEDICAL & EMERGENCY INFO



MEDICAL

- Medical personnel will be available for all competitions.
- In addition, all delegations/coaches are required to have a copy of their athlete medical forms at all times.
- Proper hydration is imperative in all weather conditions. Drink plenty of fluids and bring a reusable water bottle to access water stations.
- Sun protection is important as well. Please remember sunscreen, lip protection, a hat, and sunglasses.
- Bring layers. It may be very cold or very warm and athletes must be able to adjust their clothing.
- If injury is handled on-site, please complete an <u>accident/incident report</u> and return to Dr. Steve or **Alex Gilman**, **Health Programs Manager** <u>802-861-0271</u>
- The medical staff does not carry, nor are they allowed to dispense, over the counter medications. Therefore, Tylenol, Advil, etc. are not available. Please plan accordingly.
- If you are not feeling well, please stay home.
- Take precautions against the Eastern Equine Encephalitis (EEE) virus by applying mosquito repellent and/or bringing long layers. Learn more this virus and prevention on the Vermont Department of Health website.

EMERGENCY PROCEDURES

In the event of an emergency:

- Ensure the safety of your surroundings and safety of others.
- Secure medical care for affected individual(s).
- Notify Alex Gilman, Health Programs Manager 802-861-0271.
- Refer requests for information and all media requests to Sarah McCaffrey, President/CEO 802-861-0272.
- Assist with completion of necessary accident/incident reports.
- Await further instructions.
- In the event an athlete is taken to the hospital, make sure the athlete has their:
 - Medical Form
 - Release Form
 - Accident/Incident Report Form

HEALTHY ATHLETES





Bringing healthy smiles to our youth through quality dental coverage, oral health education, and community support in Vermont.

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HEALTHY ATHLETES SPECIAL SMILES®

At Fall Games we are excited to be hosting a **Special Smiles®** Healthy Athletes Screening. During this screening, athletes and Unified partners are provided comprehensive oral health care information, including free dental screenings, fluoride application and instructions on correct brushing and flossing techniques. All participants walk away with free preventative supplies such as toothpaste, a toothbrush, and floss!

Healthy Athletes Screenings are not just opportunities for athletes, it is also an opportunity for healthcare professionals and students to learn more about how to provide inclusive health practices to people with intellectual and developmental disabilities, and extend that enhanced care throughout their community.

This screening is possible because of the support from Northeast Delta Dental!

HEALTHY ATHLETES HEALTHY HEARING® EDUCATION

We are also excited to be holding a **Healthy Hearing®** education station where athletes can learn about caring for their audiological health! Athletes who engage with the station will learn about audiology, hearing loss causes and prevention, and specifics on noise-induced hearing loss.